

# Worcester District Medical Society

# CALENDAR of Events 1999-2000

## WORCESTER HEALTHCARE OUTREACH 1995-1999

WHO has linked more than 5,000 people to health care thanks to a network of 800 volunteer physicians, the Rx Fund, our health phone line, working with walk-in clinics, public schools, interpreter services, and collaborating with health care centers, hospitals, and insurers. WHO has made a difference.

## END OF LIFE CARE

Working to make Central Massachusetts a national model for community action to improve end-of-life care and to increase the use of advanced directives.

## KEY CONTACT PROGRAM

Over 70 physicians working with Central Massachusetts legislators to facilitate the passage of pertinent legislation to ensure a healthy society.

## PUBLIC HEALTH

Addressing public health needs in the community.

Advocating for CPR and first-aid training in the school system. Continuing to serve as a resource to the Massachusetts Tobacco Control Program. *WDMS was an active participant in Worcester's smoking ban ordinance passed this spring.*

## SPEAKERS BUREAU

Providing the community with over 100 volunteer physicians willing to speak on a variety of health care topics.

## MEDICAL EDUCATION

Offering physician members and other health care professionals continuing medical education programs on a variety of timely topics with broad appeal.

## SCHOLARSHIP FUND

Supporting the next generation of physicians. Thanks to the generosity of physicians, WDMS will once again award twelve \$3,000 scholarships and one \$6,000 scholarship to 2nd, 3rd, and 4th year medical students.

## WORCESTER MEDICINE

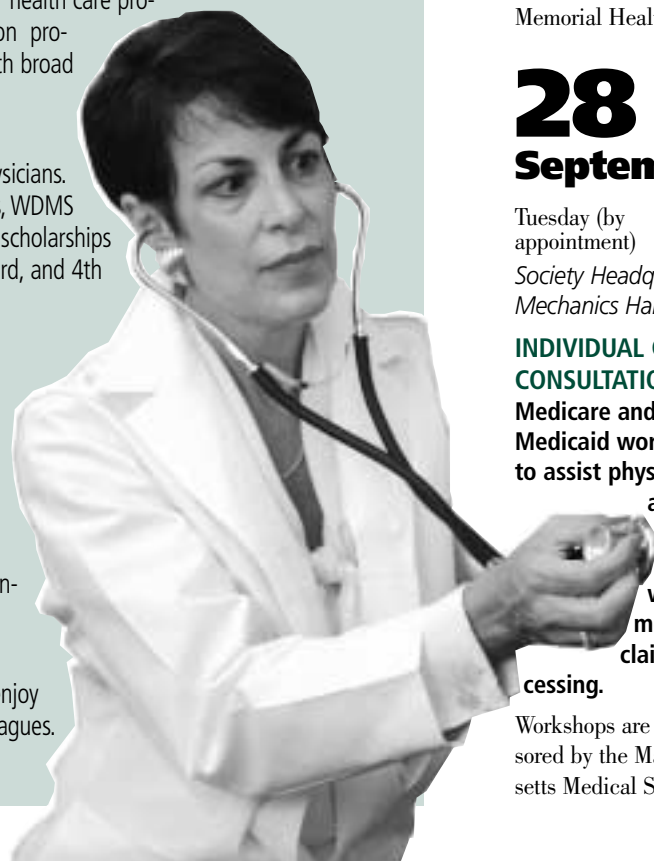
The Society's official publication published four times a year provides you with current information about the practice of medicine in Central Massachusetts. Total circulation is 4,000.

## SCRIPT

The Society's newsletter brings you concise updates of Society's activities.

## FAMILY ACTIVITIES

Offering members an opportunity to enjoy weekend events with family and colleagues.



## 24 September

Friday, 7:30 a.m.  
*Beechwood Inn*

**8th ANNUAL WOMEN IN MEDICINE BREAKFAST**  
"Stress Reduction Through Mindfulness: Caring For Yourself So You Can Care For Others"

Speaker: Elana Rosenbaum, MS, MSW  
Center for Mindfulness in Medicine, Health Care and Society, UMass Memorial Health Care.

## 28 September

Tuesday (by appointment)  
*Society Headquarters, Mechanics Hall*

**INDIVIDUAL CLAIMS CONSULTATIONS**  
Medicare and Medicaid workshops to assist physicians and their office staff with medical claims processing.

Workshops are sponsored by the Massachusetts Medical Society.



## 3 October

Sunday, 10 a.m.-3 p.m.

**FAMILY ACTIVITY**  
Day Hike - Mt. Monadnock, NH

Enjoy the beautiful fall foliage while hiking Mt. Monadnock with your family and colleagues.

## 30 October

Saturday, 7:30 a.m.  
*Holiday Inn*

**MEDICAL EDUCATION CONFERENCE**  
"Complementary and Alternative Medicine"

This informative program, featuring a distinguished faculty, will focus on the scope of complementary medicine, the research conducted, and how it affects the medical profession.

## 10 November

Wednesday, 5:30 p.m.  
*Beechwood Inn*

**FALL DISTRICT MEETING**  
"Rediscovering the Joys of Medicine and Making Your Medical Marriage More Joyful"

Speaker: Steven Shama, MD, M.P.H.  
A practicing dermatologist, Dr. Shama is on the teaching staff at Harvard Medical School. He has presented more than 100 of his insightful workshops and talks to medical professionals throughout the United States. The dinner meeting includes the A. Jane Fitzpatrick Community Service Award presentation.

## 14 November

Sunday

**FAMILY ACTIVITY**  
Save the Date! Watch your mail for another opportunity to enjoy a weekend event with the family and your colleagues.

## 26 November

Friday

**HEALTH CARE PROXY DAY**  
WDMS will join the Massachusetts Medical Society's Committee on Advance Directives in recognizing this day as Health Care Proxy Day. The goal will be to increase public awareness of advance directives.



## 9 December

Thursday, 5:30 p.m.  
*Mechanics Hall*

**ANNUAL HOLIDAY CELEBRATION**  
A time to celebrate your contributions to the medical society and to Worcester Healthcare Outreach.



## 12 December

Sunday

**FAMILY ACTIVITY**  
Ice Skating

Details to be announced.

## 9 February

Wednesday, 5:30 p.m.  
*Mechanics Hall*

**204th ANNUAL ORATION**  
Dr. Arthur Pappas, Professor and Chairman, Department of Orthopedics and Physical Rehabilitation, Medical Director of Clinical Affiliations, UMass Memorial Health Care will deliver the 204th Oration.

## 8 March

Wednesday, 5:30 p.m.  
*Location TBA*

**CPR TRAINING FOR THE PROFESSIONAL RESCUER**  
CPR certification and re-certification workshops will be offered to WDMS members. Spouses and office staff are encouraged to attend. Dinner will follow workshops.

## 22 March

Wednesday, 8:00 a.m.  
*Location TBA*

**WORCESTER HEALTHCARE OUTREACH WORKSHOP**  
A workshop for personnel in MD offices focusing on free health care services for the uninsured. Information will be provided on MassHealth, Children's Medical Security Plan, free prescription drugs, free mammograms, immunizations, etc.



## 12 April

Wednesday, 5:30 p.m.  
*Mechanics Hall*

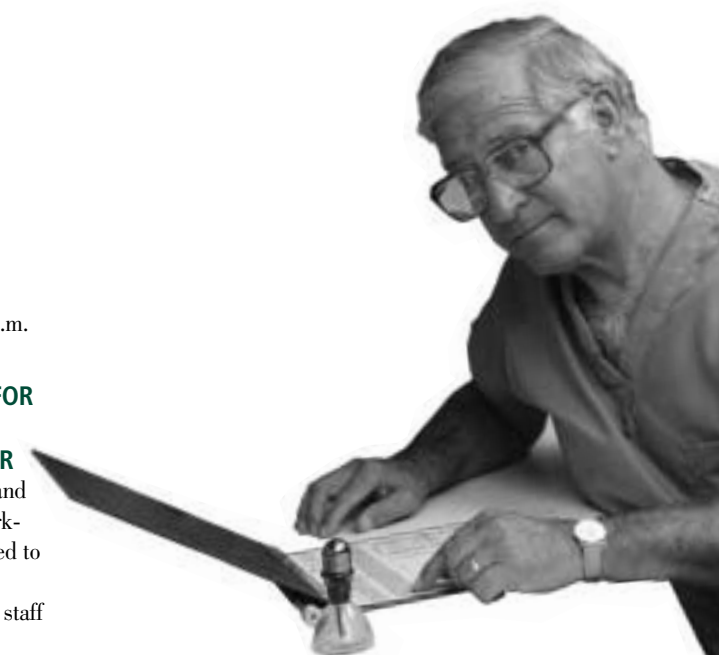
**ANNUAL BUSINESS MEETING**  
Speaker: TBA



## 10 May

Wednesday, 5:30 p.m.

**WORCESTER TOUR**  
Back by Popular Demand! Busing Through Worcester's Medical History. Learn about Worcester - "The City of Fabulous Firsts" and its long medical history. Enjoy a trip back through time with Stu Jaffe, MD, as your guide. Dinner will follow the tour.



Serving Our Members • Serving Our Community

# Calendar of Events 1999-2000

## From the President



It's a pleasure to present you with our annual calendar of events for 1999-2000. As you can see, we are offering our members a variety of activities. I hope you'll take advantage of your membership and sample what we have to offer.

One of my goals this year is to help physicians rediscover the joy in medicine. Our year begins with the 8th Annual Women In Medicine Breakfast with Elana Rosenbaum speaking on stress management. Our Fall District Meeting will feature Dr. Steven Shama, a highly regarded physician and lecturer. He will show us how to better navigate the new health care landscape and meet the daily challenges we face from patients and colleagues. The Family Activities committee will offer a variety of events throughout the year providing you with the opportunity to enjoy weekend activities with the family and your colleagues. In the spring we will offer physicians, spouses, and their office staff an opportunity to become certified or re-certified in CPR. Only 2.4% of the Massachusetts population are trained in CPR. WDMS will link with other community organizations to advocate for CPR and first aid training in the school system.

Part of our success as a District Society is due to the enthusiastic and energetic leadership of our committees. The Medical Education Committee will sponsor a conference focusing on alternative and complementary medicine. A recent survey shows that nearly 42% of adults use complementary alternative therapy. Well-known speakers will share valuable information physicians and other health care professionals need to know. Our 204th Annual Oration will be presented by Dr. Arthur Pappas.

These are a few of the many events we have planned for you. As the months pass, you will receive updates with even more programs. Take a good look at what we're doing. There's something here for everyone.

Thomas L. Rosenfeld, MD

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Mechanics Hall • 321 Main Street  
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Worcester District Medical Society  
**CALENDAR** of Events  
1999-2000



## SAVE THE DATE Worcester District Medical Society Medical Education Program Complementary and Alternative Medicine

Saturday, October 30, 1999, 7:30 a.m.-12 Noon  
Holiday Inn, Worcester, MA

### DISTINGUISHED FACULTY (KEYNOTE SPEAKERS):

#### "Meditation Is Not What You Think"

##### Jon Kabat Zinn, Ph.D.

Executive Director, Center for Mindfulness in Medicine, Health Care and Society, Associate Professor of Medicine, UMass Memorial Healthcare

#### "The Pursuit of Evidence for Complementary/Alternative Medicine"

##### William Harlan, MD

Acting Director, National Center for Alternative and Complementary Medicine, National Institute of Health

#### "Herbal Treatments in Primary Care: The Dangers and Interactions You Should Know About"

##### Michael Cirigliano, MD

Assistant Professor of Medicine, University of Pennsylvania School of Medicine

### WORKSHOPS:

Acupuncture	Tina Render, MD
Ayurvedic Medicine	Jay L. Glaser, MD
Chiropractic Medicine	Kenneth Harling, DC FICC
Herbal Medicine	Michael Cirigliano, MD
Massage Therapy	Gregory Hurd, LMT
Stress Reduction	Elana Rosenbaum, MS, MSW
Reiki	TBA